

# LOS ALAMITOS WORKOUT TAB (May 16, 2023)

## Dirt - Fast

### 220Y

\*\*\*Fly From the Fire (2 yo) :12.50 H G  
 I Believe in Rose :12.60 H  
 \*\*\*Mas Interest (R) :12.50 H  
 Mighty Mitole (2 yo) :13.20 H G  
 \*\*\*Mov On Over (2 yo) :12.60 H G  
 Mystery Mark (2 yo) :13.30 H G  
 ●\*\*\*New and Better (R) :12.10 H G  
 Scoops Dynasty :12.40 H  
 See You Soon (RR) :12.20 H G  
 So Can I (2 yo) :12.50 H G

### 350Y

Being Difficult (R) :18.30 H G  
 \*\*\*Jess Being a Friend :18.30 H  
 ●Nymphette (R) :18.00 H G  
 \*\*\*Straight and True :18.70 H  
 Walk to the Top :18.40 H

### 3F

### 4F

A Bit Much :49.40 H  
 Seige the Day :53.80 H

### 3F

Creative Om (2 yo) :36.80 H  
 Mike Operator :35.20 H  
 Stay Zappy (2 yo) :36.80 H

- - Denotes Fastest work
- \*\*\* Denotes Horse On List
- @ Denotes Horse On Hisa Vet List
- %{dam name} - Denotes Unnamed Horse
- (R) Horse has not started in 120 days
- (RR) Horse has not started in 365 days

## Summary Dirt - Fast

Distance	# Of Horses	Fastest Time	Slowest Time	Average Time
220 Yards	10	:12.10	:13.30	:12.59
350 Yards	5	:18.00	:18.70	:18.34
3 Furlongs	3	:35.20	:36.80	:36.26
4 Furlongs	2	:49.40	:53.80	