

# LOS ALAMITOS WORKOUT TAB (August 31, 2023)

## Dirt - Fast

### 350Y

Heartache Tonite (R) :18.00 H  
 \*\*\*Mister Bigg :18.10 H

### 3F

%Secret Wonder (2 yo) :37.80 H  
 Ashleys Sandcastle :37.20 H  
 ●Dallas Alice :35.60 H  
 \*\*\*Fact Or Fiction (2 yo) :37.80 H  
 Fever :35.80 H  
 Forty Niner Gold :37.80 H  
 Vicente's Shadow :36.40 H

### 4F

Christina's Candy :50.60 H  
 Cornell (2 yo) :49.40 H  
 ●Doinitthehardway :47.20 H

### 4F

Fifty Stars (2 yo) :50.00 H  
 Gems First Bid :48.20 H G  
 Just Before Dawn (2 yo) :49.40 H  
 \*\*\*Mr. Disrespectful :50.00 H  
 Now I'm Free (2 yo) :49.20 H  
 Rexford :49.20 H  
 Stay Zappy (2 yo) :48.20 H G  
 Tom Seaver (2 yo) :49.20 H  
 Will Be :49.20 H

### 5F

\*\*\*Bad Cardinal 1:01.20 H G  
 Betty's Song 1:02.00 H  
 \*\*\*Blossoming :59.00 H  
 Castle Island (R) 1:02.40 H  
 \*\*\*Chasing the Vision 1:00.00 H  
 Excess English (R) 1:00.60 H G

### 5F

Hogmanay (IRE) 1:01.60 H  
 \*\*\*John Grey (RR) 1:01.80 H  
 \*\*\*Macnamara (R) 1:01.80 H  
 Moonlight Mile 1:00.40 H  
 \*\*\*Perfectionistic (R) 1:00.40 H  
 \*\*\*Roses n' Chrome 1:05.00 H  
 Swift as I Am (RR) 1:00.60 H  
 Sydney Street (GB) (R) 1:01.00 H  
 \*\*\*Tangledupingrey :59.40 H  
 The Music We Make 1:00.80 H  
 ●\*\*\*Tom Bombadil (R) :58.80 H  
 Ziskey (IRE) (2 yo) 1:01.60 H

- - Denotes Fastest work
- \*\*\* Denotes Horse On List
- @ Denotes Horse On Hisa Vet List
- %{dam name} - Denotes Unnamed Horse
- (R) Horse has not started in 120 days
- (RR) Horse has not started in 365 days

## Summary Dirt - Fast

| Distance   | # Of Horses | Fastest Time | Slowest Time | Average Time |
|------------|-------------|--------------|--------------|--------------|
| 350 Yards  | 2           | :18.00       | :18.10       |              |
| 3 Furlongs | 7           | :35.60       | :37.80       | :36.91       |
| 4 Furlongs | 12          | :47.20       | :50.60       | :49.15       |
| 5 Furlongs | 18          | :58.80       | 1:05.00      | 1:01.02      |